**[Sunrise with Eamonn Holmes](https://scout.tveyes.com/)**

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The UK has some of the highest rates of addition to prescription drugs in the EU, a new study has found. Addiction specialist Dr Robert Lefever is here to tell us more.

Doctor, what is going on here? What has changed that is making so addicted? I think we always have been. The thing that surprised me about the survey is that they said this was a new problem. I've been looking after prescription drug addicts for over 30 years. It is a major problem. What they found in this study was, they looked at painkillers and tranquillisers and stimulants. What they found, when they looked at European countries, previously, this was mainly an American problem. It's not. It's over here as well. We have over Problem. I had a double hip replacement surgery. People tell me

it can't have pills. What do I do about my pain? I agree with you. It's absolutely appropriate that you should have appropriate painkillers. But, for a length of time, they are appropriate. People: to keep taking the prescription drugs away after they need it. Some people are still taking antidepressants after six years after the divorce. People say you shouldn't take it a long time after operation, but I still hope. What then? There are all sorts of people other than doctors, I recommend people should go to hairdressers because hairdressers will listen. If you go to a doctor,

you tend to finish up with the prescription. The evidence from the study showed that people became addicted after they were initially prescribed. Doctors need to be precautions in how the prescribed painkillers, tranquillisers and stimulants. A lot of these drugs, for example, a drug given for ADHD, it is a stimulant, its speed. Why is it given at all was a mark its given to teenagers. What is wrong with these prescription drugs? What would be wrong? People who choose these drugs tend to use illicit drugs. They found that 50% of people using tranquillisers were also using other

drugs and 30% of people using painkillers and stimulants were also using other drugs. The rain comes in two sizes. The intellectual side, which equally well between two medicines and the feeling site, which says, if it works, that's fine by me. People who have addicted tendencies say, if it works, why not? My rain obviously needs it. I tell them that the rain is is being affected by a damaged by it. It affects socially, financially, it across the board, it creates problems. It's a massive debate. Thank you for opening our eyes. Get in touch with your experiences. We

can't give you a prescription, public and talk about it.